Strong Muscle → Testable → Switched → GAS - Adrenal Stretch Test
• Opti-Adrenal™

→ EMF - Electrical Test
• Magnet

→ **Heavy Metals:**
• Metals
•Opti-Metal Detox™
(Opti-Enviro Detox)

• Opti- Cleanse and Repair™
• Optimal EFA™

→ Brain - Opti-Brain

Organ Scan:
1. Liver (Optimal Liv Kidney™, Opti-MagnaSTEM™)
2. Gall Bladder (Optimal Liv Kidney™, Fat Sugar Trim™, Soft Cleanse Custom Pak)
3. Cystic Duct (Optimal Liv Kidney™, Fat Sugar Trim™)
4. Heart (Longevi-D +K2™, Opti-Cleanse and Repair™)
5. Homocysteine (Opti Methyl B, Male+T Female+B™)
6. Lung (Oxi Pure)
7. Spleen (Opti-Adrenal™, Male+T Female+B™)
8. Pancreas (Opti-MitoForce™, Fat Sugar Trim™)
9. Stomach (Opti-Cleanse & Repair™, Optimal Digestion™)
10. Small Intestine (Opti-Cleanse & Repair™, LipoLean CLA™)
11. Large Intestine (Flora Plus™, Opti-Cleanse & Repair™, LipoLean CLA™)
12. Bladder (Fruit & Veggie+™, Opti-Immune™)
13. Prostate/Uterus (Male+T Female+B™)

Brimhall Wellness™
See Miracles Daily

2nd Heavy Metals
• Metals
•Opti-Metal Detox™

• Opti- Cleanse and Repair™
• Optimal EFA™

→ Brain - Opti-Brain

Endocrine Scan:
14. Testes/Ovaries (Female+B, Male+T™)
15. Adrenals (Opti-Adrenal™)
16. Thyroid (Opti-Thyroid™)
17. Pituitary (REM Sleep™, Opti-Nitric™, Nitric Oxide Package)
18. Pituitary to Thyroid (Opti-Thyroid™, Optimal REM Sleep™)
19. Pituitary to Adrenal (Opti-Adrenal™, Optimal REM Sleep™)
20. Pituitary to Gonads (Female+B, Male+T™, Optimal REM Sleep™)
21. Pituitary to Pineal (Opti-Mito-Force™ Female+B, Male+T™, REM Sleep™)

Brain - Opti-Brain → Opti-Iodine → • Halogens
• Opti-Enviro Detox™ → Opti-Iodine

Immune Support:
22. Yeast (Optimal Defense™, Optimal Oxy Pure)
23. Virus (Opti-Imune, Optimal Defense ™)
24. Parasite (Optimal Liv/Kidney, Opti-Cleanse™)
25. Staph (Opti-Immune ™, Fruit & Veggie+™)
26. Strep (Opti-Immune ™)

OHS™ OPTIMAL HEALTH SYSTEMS

Optimal Health Scan Chart

© 2018 Brimhall Wellness

The information in this document is neither approved nor endorsed by anyone but the author and is based on the personal and professional experience of the same. This information has not been evaluated by the Food and Drug Administration. Neither the information, products, nor any formula(s), mentioned are intended to diagnose, treat, cure, or prevent any disease.