

Opti-Nutrient Formulas by Dr. Brimhall

Xenobiotic Combinations!

Hand Succused Homeopathic
Opti-Enviro Detox Formula ~ Opti-Metals Detox Formula

Detoxification Homeopathic Formulas

A Xenobiotic is a man-made or other abnormal material that is foreign to the body. Xenobiotic remedies, which are sometimes called Isodes, Detoxodes or Homochords, are homeopathic attenuations of these foreign botanical, zoological, or chemical substances that interfere with homeostasis.

Optimal Health System's Xenobiotics are designed to assist with detoxification of the toxic load resulting from exposure to and assimilation or contamination of today's environment. Each Xenobiotic provides an array of isodes and other attenuated agents, along with classical and non-classical remedies, relevant to the intoxication or infection that the product targets. Potencies of individual agents range from (12X) to (30X) to (60X) as appropriate for desired action of the formula.*

Detoxification

Detoxification is a process that begins with understanding the body's homeostatic regulatory mechanisms and assisting or strengthening those mechanisms in very specific ways. As a patient progresses through the process, as described below:

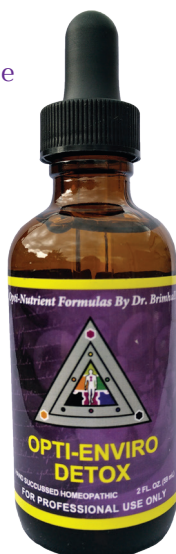
- Identify and remove the causative factors and/or the obstacles to healing. Gathering patient history, conducting various tests, and addressing emotional factors may all be valuable in preparing for detoxification. Improve cellular respiration to provide increased energy for cellular reformation. Exercise and stimulation of the automatic nervous system may be helpful.
- Balance and strengthen the patient's system so it can tolerate the stress of detoxification. Detoxifying causes stress on the body and may result in temporary worsening of symptoms. Consider Opti-Adrenal, which supports many aspects of stress.
- Improve drainage to assist with toxin excretion via the kidneys, liver, blood, lungs, lymph, skin, and digestive tract. Spinal adjustments, fascial release, foot baths, far infrared saunas and visceral manipulation may be beneficial.
- Draw out toxins by supporting and mobilizing the immune system. OHS Formulas' Xenobiotics serve this function by providing a blueprint for the body and thereby assisting with recognizing foreign substances. After detoxification, re-strengthen the patient's systems by supplementing specific nutrition as your testing indicates.
- Finally, restore, stimulate and regenerate previously stressed organs or systems.

Opti-Enviro Detox

Indications: Homeopathic support for detoxification and symptoms associated with exposure to hydrocarbons and air and water pollutants.

Ingredients: Bromium 12X, 30X, 60X, Chlorine 12X, 30X, 60X, Chloroform 12X, 30X, 60X, Fluoride 12X, 30X, 60X, Iron 12X, 30X, 60X, Natrum fluoratum 12X, 30X, 60X, Phenol 30X, 60X, Ammonium nitricum 12X, 30X, 60X, Anilinum 12X, 30X, 60X, Benzinum 12X, 30X, 60X, Carboneum chloratum 12X, 30X, 60X, Naphthalinum 12X, 30X, 60X, Natrum nitricum 12X, 30X, 60X, 20% alcohol, purified water.

Recommended Dosage: Adults: 1-10 drops daily under the tongue 30 minutes away from meals, or as recommended by a health care professional.



Opti-Metals Detox

Indications: Homeopathic support for detoxification and symptoms associated with exposure to heavy metals.

Ingredients: Lead 12X, 30X, 60X, Aluminum 12X, 30X, 60X, Barium 12X, 30X, 60X, Cadmium 12X, 30X, 60X, Mercury 12X, 30X, 60X, Thallium 12X, 30X, 60X, Tin 12X, 30X, 60X, Nickel 12X, 30X, 60X, Uranium 30X, 60X, Antimony 12X, 30X, 60X, Arsenic 12X, 30X, 60X, Radium 30X, 60X, Copper 12X, 30X, 60X, Titanium 12X, 30X, 60X, 20% alcohol, purified water.

Recommended Dosage: Adults: 1-10 drops daily under the tongue 30 minutes away from meals, or as recommended by a health care professional.

