



# 2023 Brimhall Homecoming | Seminar Itinerary

January 19-22, 2023

DoubleTree by Hilton TEMPE  
2100 S. Priest Dr, TEMPE, AZ 85282  
Phone: [\(480\) 967-1441](tel:4809671441)

## KEEPING THE DOCTOR ALIVE!

(Practitioners SELF-CARE Weekend)

**Practice what YOU Preach to Your Patients...**

**So, you can Preach what YOU Practice!**

**This weekend is all about YOU!**

**Thursday, Jan 19<sup>th</sup>, 2023, 6-8pm**

6:00-8:00 P.M.	Brett Brimhall DC John Brimhall, DC, BA, BS, FIAMA, DIBAK Chris Serafini DC Frank Hatch DC Marc Harris, MD, ND, PhD John Keifer, DC	Pre-Seminar Treating: TREATING TIME IS LIMITED SO YOU MUST BE SCHEDULED TO BE TREATED. Call for scheduling at 866-338-4883.  **Attendees are invited to watch treating Doctors to further learn the Six Steps to Wellness Protocol. **  **Direct Script Virtual Prescription Set Up (OHS Staff) **
6:00-8:00 P.M.	Scott Miner DC	Brimhall Certification/Recertification: Call Health Path Seminars to register for re-certification at 866-338-4883.

**Friday, Jan 20<sup>th</sup>**

8:00 - 9:00am	Doug Grant, BS	<p><b>KEEPING THE DOCTOR ALIVE!</b></p> <p>Having success in practice for a while is like winning one championship. It is to be admired and appreciated. But, to become legendary and have clinical excellence for your practice long term and optimal health personally year after year, you need to apply different principles.</p> <p>Dr. John Brimhall, Dr. Marc Harris and Douglas Grant have all shown what it takes to have extremely profitable clinics, great health and be set up long after normal clinic life financially and physically. Each of them practiced for over 30 years but in different clinic scenarios.</p> <p>You will learn the 3 secrets all doctors must know to become truly alive presently and be set up properly with energy and abundance for the future. You will learn how to “Practice what YOU Preach to Your Patients... So, you can Preach what YOU Practice!”.</p>
9:00 - 10:15am	John Brimhall, DC, BA, BS, FIAMA, DIBAK	<p><b>Covid-19 Protocol</b></p> <p>Long Haulers and Hidden Covid with symptomatic expressions; evaluation and Six Steps balance to maximize the body’s natural and innate Immune System.</p>
10:15- 10:30am	Break	
10:30 - 12:00pm	Marc Harris, MD, ND, PhD	<p><b>Cell Biology</b></p> <p>Mitochondria, Nucleus, Golgi RER, ER, all your organelles, and your cytoskeleton, make up your cells. Your cytoskeleton has long thought to provide cellular support. And that is true. In studies where it is removed (in yeasts) the cells do not last long. Is our cytoskeleton’s sole function structural support? Looking at the latest research, we will consider the function beyond structure, and the cytoskeleton’s role in the greater cellular ecosystem.</p>

12:00 – 1:00pm	Doug Grant, BS	<p><b>INFLAMMATION &amp; INFLATION - The fix for both!</b></p> <p>Inflammation is the #1 reason your patients come to you. Inflammation caused by subluxations, injury, or disease. The pharmaceutical industry created a framework of indoctrinating the public on what to do when there is pain and inflammation. You will learn about this structure but then learn how to apply it properly with the holistic treatments of physical care in your clinic, nutrition, and nutrients so patients can create a new paradigm to treat inflammation. Inflation has affected everyone. Doug will go through the statistics and show why utilizing a chiropractor and holistic practitioners can help the patient financially in a world gone crazy with inflation.</p>
1:00-2:00 pm	Lunch	<p><b>Provided By OHS</b></p>
2:00-3pm	Larry Conner, MBA	<p><b>Financial &amp; Trust Foundations</b></p> <p>Using TRUSTS and Private Family Foundation – for asset allocation and wealth protection &amp; Individual evaluation and recommendations for increasing PERSONAL WEALTH.</p>
3:00 – 6pm	Marc Harris MD, ND, PhD	<p><b>Stem Cells</b></p> <p>Embryonic (found in embryos) and somatic (found in adults) are immature cells that can become other cell types in the body. Somatic stem cells can become any other cell including cancer cells. Keeping our stem cells healthy and increasing them safely. At what point are our stem cells not enough. We will consider stem cell types, how to increase our own stem cells, and at what point are our stem cells not enough. When ours are not enough, what are the best options?</p>
3-6pm	Doug Grant, BS & Brett Brimhall, DC	<p><b>OHS Blood Testing for Nutrition Workshop</b></p> <p>There is one testing procedure that is universally accepted amongst all health professionals and that is blood work. You will learn how to read blood work so that you can better understand your patient's needs. You will also be shown how to order blood panels and what holistic protocols are available to you for treatment.</p> <p>Whether you do bloodwork, want to do bloodwork, or just want to know how to read blood work, this breakout session is for you.</p>

**Saturday, Jan 21<sup>st</sup>**

8:00 - 9:00am	Vaughn Cook, OMD	<p><b>Are You a Victim of Love?</b></p> <p>Love, as well as other emotions, is reflective of health generally, and the flow of energy in particular. This is significant because energy precedes all bodily functions, meaning the emotions you feel are in fact diagnostic.</p> <p>The challenge with emotion is we often attribute it incorrectly, resulting in a misdiagnosis. For example, we think we're acting out of love, when in fact we're using love as a rationalization for dysfunction, we are victims of love.</p> <p>Learn to recognize and overcome 'victim' behavior in ourselves and our patients and to use emotions as a reliable diagnostic and a rapid and painless therapeutic tool.</p> <p><b>Topics and concepts to be addressed:</b></p> <ol style="list-style-type: none"><li>1. Emotions and physiology</li><li>2. Decoding emotions</li><li>3. Recognizing therapeutic self-sabotage</li><li>4. Effecting rapid transformation</li><li>5. Case histories</li></ol>
9:00-10:00 am	Patrick Porter, PHD	<p><b>The New Science of Brain Fitness and Concussion Care</b></p> <p>Learn the protocol used by a Michigan Chiropractic to produce 40-70% neurological improvement a year after care. Discover the steps used to research sleeping problems in coal miners in East Australia. And best of all you will get the full protocols to start using this in practice Monday when you return from Brimhall Homecoming.</p>
10:00 - 11:00 am	Marc Harris, MD, ND, PhD	<p><b>The Cellular Membrane</b></p> <p>Land, Kennedy, and Lpcat. What do they have to do with cell membranes. Cellular membranes are ubiquitous with life. Every living thing has a cell membrane. The cell membrane, keeping (or returning) it to health.</p>

11:00-11:20am	BREAK	
11:20 - 12:20 pm	Dr. John Brimhall DC, BA, BS, FIAMA, DIBAK	<b>EMF Protection Protocols and Tools</b> Electromagnetic protection from 5G and other stressors. How to identify and reset a patient extremely sensitive to electromagnetic pollution, including nutritional support. Every organ or system dysfunction lowers our general health and well-being. Weakened organ function lowers our body's communication systems, including our immune responses.
12:20 - 1:20pm	Doug Grant, BS	<b>The Extracellular Matrix outside the body.</b> After learning about the extracellular matrix surrounding your cells, you will learn about the importance of the extracellular matrix you surround yourself with and its importance. As practitioners, you are around people in pain daily. It is critical that you have a designed plan to keep your external environment full of health, happiness and success.  Specific systems created for you in easy to follow habit format will be presented and you will see the importance for you, your staff and your patients to have these principles being applied daily for optimal health. Specific plans will be given to implement personally and with patients.
1:20 - 2:00pm	LUNCH	<b>Provided By OHS</b>
2:00 - 3:00pm	Brett Brimhall, DC	<b>Autoimmune and GI Protocols using the Six Steps to Wellness</b> Recognizing common symptoms of people with auto-immune problems and how they might present in a clinical setting. Adjusting techniques, nutritional protocols, and lifestyle skill to help people that are struggling with immune dysregulation.
3 – 6pm	Brett Brimhall, DC	<b>BASIC 6 Steps to Wellness Workshop</b>  HANDS ON – Six Steps to Wellness: Nutrition Evaluation, Manual and Instrument Adjusting, Facial Release, Craniosacral & Percussor.
3-6pm	John Brimhall DC, BA, BS, FIAMA, DIBAK	<b>Advanced 6 Steps to Wellness Workshop</b>  Evaluating, testing, and treating complicated cases from the group attendees. We will evaluate and treat as many of those as we can that are having unresolved health challenges.

**Sunday, Jan 22<sup>nd</sup>**

8:00 - 9:30am	Dr. Marc Harris, Dr John Brimhall, Dr. Brett Brimhall, Doug Grant, Dr., Dr. Patrick Porter, & Dr. Vaughn Cook	PANEL DISCUSSION
9:30 – 10:30am	Dr. Brett Brimhall, DC	<b>Concussions assessment and Protocols</b> Recognizing concussion based problems and protocols to aid in their recovery with chiropractic, nutrition, and rehab techniques.
10:30 - 11:30pm	John Brimhall, DC, BA, BS, FIAMA, DIBAK	For the Patient to CHANGE to Health & Wellness they must understand and embrace all Six Steps to Wellness. For the Doctor/Clinic to create that change, they must own and practice the Six Steps.
11:30 - 12:15pm	Doug Grant, BS	<b>WHAT BEING ALIVE AS A DOCTOR LOOKS LIKE NOW!</b> Each principle on clinic and personal health taught over the weekend will be distilled down to simple actionable steps. Discussion and commitments to implementation will be gone over with a timeline for accountability and success. Seminar information is great but personal and clinical application is the key. This is where the commitments to becoming fully alive are actuated.