

# The 6 Interferences are Hijacking Your Health

## NATURAL BIOHACKING FOR HEALTH and WELLNESS

### Brimhall Homecoming Jan. 3-6th, 2019 Seminar Itinerary

**Thursday, Jan 3<sup>rd</sup>, 2019**

**Time: 6:00-8:00 P.M.** Topics: **I) Pre-Seminar Treating,** **II) Re-Certification,**

6:00-8:00 P.M.	Fiesta Ballroom II & III	Brett Brimhall DC John Brimhall DC Chris Serafini DC Frank Hatch DC Marc Harris, ND John Keifer, DC	Pre-Seminar Treating.  TREATING TIME IS LIMITED SO YOU MUST BE SCHEDULED TO BE TREATED. Call for scheduling at 866-338-4883.
6:00-8:00 P.M.	Tempe	Scott Miner DC Dov Widenbaum DC	Brimhall Re-Certification. Call Health Path Seminars to register for re-certification at 866-338-4883.

**Friday, Jan 4<sup>th</sup>** Room: Fiesta Ballroom II & III

Time:	Presenter(s):	Topic:
8:00-9:00	Brett Brimhall, DC	Recurring subluxation caused by stress, anxiety, depression... with specific evaluation and treatments.
9:00-10:00	John Brimhall DC, BA, BS, FIAMA, DIBAK	The Six Steps to Wellness in ACTION! Opti-Adrenal, Opti- Heart, Opti-Lung
10:00 – 11:00	Marc Harris, ND, MD, PhD, PhD, PhD	Emotional triggers to sublexation/illness and solutions. <ul style="list-style-type: none"> <li>• Brain chemistry</li> <li>• The gut brain connection</li> <li>• B vitamins</li> <li>• SNP's and emotions</li> <li>• Subconscious emotions</li> <li>• Clearing the subconscious: Demonstration</li> </ul>
11:00 – 11:15	BREAK	
11:15 – 12:15	Curtis Turchin, M.A., DC	Evolution and Adjusting: The Science and Art of Light Chiropractic – Hands on Workshop using Laser + WORKSHOP
12:15 -1:15	Dr. Brent Kessler	Individual evaluation and recommendations for increasing PERSONAL WEALTH.
1:15 -2:00	LUNCH	<b>Provided By BRIMHALL: Health Path Products/Seminars &amp; OHS</b>
2:00-3:00	Doug Grant BS, Nutritionist/ Formulator	<b>Eliminating the #1 risk factor to determine risk of disease – High Blood Pressure.</b> <i>You will be shown the research, guided through a simple 2 minute lab test (point of care) and how to implement the most powerful solution. Game changer for patients and clinics health.</i>

**BREAKOUTS** 3:00-6:00 PM (All sessions to take break from 4:30-4:45pm)

Room:	Presenter:	Topic:
Fiesta Ballroom III	Brett Brimhall, DC	HANDS ON TEACHING AND TREATING
Fiesta Ballroom II	John Brimhall DC, BA, BS, FIAMA, DIBAK & Marc Harris, ND, MD, PhD, PhD, PhD	<p>Methylation: Testing and Treatment</p> <ul style="list-style-type: none"> <li>• The SNP's of inflammation</li> <li>• The SNP's of emotions</li> <li>• The SNP's of DNA control and regulation</li> <li>• SAM: the master methylator</li> <li>• The SNP's of glutathione</li> <li>• Liver SNP's</li> <li>• Treatment: SNP by SNP</li> </ul>
Red Rock	Curtis Turchin, M.A., DC	Evolution and Adjusting: The Science and Art of Light Chiropractic – Hands on Workshop using Laser
TEMPE	Doug Grant BS, Nutritionist/ Formulator	3:00 – 6:00 BLOODWORK MADE EASY BY GETTING LIT - You will learn how to simply prescribe the right bloodwork for your patient and get the nutrition and formula recommendations easily. This is the most objective form of testing accepted by all health professionals. LIT stands for Laboratory Integrated Testing and is the new program created by OHS for HPs to do bloodwork chem panel testing.
Boardroom	Brent Kessler/ Larry Conner	Using TRUSTS and Private Family Foundation – for asset allocation and wealth protection & Individual evaluation and recommendations for increasing PERSONAL WEALTH.

**Saturday, Jan 5<sup>th</sup>** Room: Fiesta Ballroom II & III

Time:	Presenter:	Topic:
8:00 – 8:55	Vaughn Cook, OMD	ZYTO Technology and OHS Nutrition
8:55-9:50	Marc Harris, ND, MD, PhD, PhD, PhD	<p><b>Alzheimer’s: Pathophysiology, prevention and treatment</b></p> <ul style="list-style-type: none"> <li>• Tau Protein</li> <li>• Neurofibratory tangles</li> <li>• Neurites</li> <li>• Mercury</li> <li>• Sugar</li> <li>• Dietary prevention</li> <li>• Hormones and prevention</li> <li>• The herpes virus connection</li> <li>• Treatment: detox and ketones</li> </ul>
9:50-10:45	Patrick Porter, Phd	<p><b>Sympathetic Survival Syndrome and what Chiropractors need to know to eliminate it.</b></p> <p>Today we live in a high stress digital world. Why your patients are suffering from more than tech neck and new information is needed. With the 24 hour news cycle, emails coming in at all hours and technology keeping us up at night it’s time for Chiropractors to discover new tools to help their patients. This class will help offices with an integrative approach to health that will allow each patient to activate the parasympathetic system for wellness.</p>
10:45 -11:00	BREAK	

11:00-12:00	Dennis Harper, DC	Independent Medical Reviewer: Why he finds chiropractors get claims and prevention. The Chiropractor's Role in Integrative Medicine – The 5 min total structural and orthopedic exam.
12:00 -1:00	Doug Grant BS Nutritionist/ Formulator	Your GUT will tell you the information provided in this talk should be the first things your patients learn about nutrition. Life and Health would not exist without ENZYMES AND PROBIOTICS. Demonstrations your clinic can use along with motivational quick scripts will be presented so you can help your patients understand the need for Digestion, Assimilation and Utilization of all foods.  You will also be shown how to eliminate almost all digestion allergens simply.
1:00-2:00	LUNCH	<b>Provided By BRIMHALL: Health Path Products/Seminars &amp; OHS</b>
2:00-3:00	John Brimhall DC, BA, BS, FIAMA, DIBAK & Debbie Orr	Allergies and Sensitivites, Manual and Computerized.

**BREAKOUTS** 3:00-6:00 PM (All sessions to take break from 4:30-4:45pm)

Room:	Presenter:	Topic:
Fiesta Ballroom III	John Brimhall DC, BA, BS, FIAMA, DIBAK	Advanced Teaching and Treating complicated cases with PEMF technology.
Fiesta Ballroom II	Dave Smaldone, DC	<p><b>ATHLETIC TAPING - HANDS ON WORKSHOP</b></p> <p><u>Upper body</u> -Gross anatomy of the: knee and ankle -Contraindications for adjusting and taping Taping of the knee and foot</p> <p><u>Lower body</u> -Gross anatomy of the hand, wrist, forearm, elbow, and shoulder Contradictions for taping and adjusting Taping hand, wrist, forearm, elbow, and shoulder</p> <p><u>Back and pelvis</u> -General anatomy of the Back and piriformus -Contraindications to adjusting and taping -Taping and adjusting of the back and pelvis. -adjusting the lumbar, thoracic, and cervical spine.</p>
Red Rock	Brett Brimhall, DC	CA and New Doctor Training: Muscle testing, reflex testing, VibraCussor© & ArthroStim© & Basic Protocols of the Six Steps to Wellness.

TEMPE	Doug Grant BS, Nutritionist/ Formulator	<p><b>3:00 – 5:00 CUSTOMIZE &amp; CONQUER</b> - Why do you lose supplement sales after the patient leaves your clinic? 1. Products you recommend are not in forefront of mind anymore and 2. Competing products lure them away You will learn how to customize formulas through special custom paks and how you can make sure the patients are always educated by your clinic with the help of the formulators Doug Grant, Dr. Brimhall and Dr. Harris.</p> <p><b>5:00 – 6:00 QUADRUPLE YOUR NUTRITION SALES IMMEDIATELY.</b> You will learn and be guided through a simple procedure of recommendations using our new HP TABLET program. A customized tablet computer is used by your office to make recommendations in treatment rooms, lobby or even on the road.</p>
Boardroom	Brent Kessler/ Larry Conner	Using TRUSTS and Private Family Foundation – for asset allocation and wealth protection & Individual evaluation and recommendations for increasing PERSONAL WEALTH.

## Sunday, Jan 6<sup>th</sup>

Room: Fiesta Ballroom II & III

8:00-9:00	Patrick Porter, PhD	<b>From Stress to Best, a Neurological Approach</b>  Moving patient care from pain to brain is one of the positive trends in Chiropractic care today. Dr. Porter is leading this change with over 1600 clinics using this neurological Chiropractic approach to wellness. With 70% of the nervous system located in the brain, Dr. Porter will share a step-by-step and how to educate the connection of brain health with true wellness. You will be guided through the best practices of these Chiropractic offices so you can utilize this revolutionary approach to total Chiropractic Care.
9:00 – 10:00	Brett Brimhall, DC	Basic Protocols of the Six Steps to Wellness
10:00 -11:00	ALL PRESENTERS	Q&A
11:00-11:15	BREAK	
11:15 - 12:15	John Brimhall DC, BA, BS, FIAMA, DIBAK	Overview of ALL Six Steps to Wellness and their applications to put into your practice.