Optimal Health Scan

www.brimhall.com

DR. BRIMHALL'S 6 STEP PROTOCOL™

I. **Establish Structural Integrity, the Foundation of Health**
(Spine, Extremities, Cranial-Sacral, Visceral, Arthro Stim, Percussion, etc.)

II. **Balance Electro-Magnetics**
(Multi Polar Magnet, Optimal Digestion, Harmonizer, Total Shield, Cell Phone & Computer Protection Chips)

III. **Balance Nutrition**
A. Reset Adrenals and the General Adaptive Syndrome (GAS)
(Opti-Adrenal™)
B. Nutrition for Organs, Glands or Systems Weakness
1. Primary Reflex Scan
2. Secondary Reflex Scan
3. Endocrine Scan
C. Reduce Infective Organisms in the body
(Immune support: Opti-Immune VRL™, Opti-MitoForce™ Optimal Defense™, Optimal Opti-Cleanse™)
D. Give Enzymes and/or HCL to aid digestion, assimilation and elimination
(Optimal Digestion™, Opti-GI™)
E. Restore Proper Bowel Flora to Optimize Colon Function (Optimal Flora Plus™)

IV. **Reprogram the Body for any Allergy/Sensitivities** (A/SERT or QI-5)

V. **Evaluate Emotional Patterns and Remove Limiting Belief Systems**
(Colored Glasses, "Feelings Buried Alive", Tuning forks, Ocular Release, Guided Imagery)

VI. **Remove Heavy Metals and other Toxins From the Body**
(Opti-Enviro Detox™, Opti-Metals Detox™, Laser (LLLT), Footbath Detox)

Clearing Procedure

Testing Procedure-complete all of steps 1-4.

1. Using a strong muscle, check the Master reflex for patient testability.
If the muscle is:
a. Strong- the patient is not testable.
b. Weak- the patient is testable.
2. Check K27's bilaterally for neurological switching.
a. Strong- the patient is not switched.
b. Weak- the patient is switched.
3. Check the Stretch Reflex for positive General Adaptive Syndrome (G.A.S.).
a. Strong- the patient is not in G.A.S.
b. Weak- the patient is in G.A.S.
4. Check patient with E.M.F. for electromagnetic sensitivity.
a. Strong- the patient is not electromagnetically sensitive.
b. Weak- the patient is electromagnetically sensitive.

Corrective Therapy

1. Opti-Adrenal™
2. Multi Polar Magnet
3. Water
4. Opti-Enviro/Metals Detox™

•If step 1 tests strong, the patient is neurologically "locked up". Give the patient both the Opti-Adrenal™ and the Multi Polar Magnet, and retest the patient.
•If the patient remains "locked up" they may be dehydrated. Give water & re-test.
•If patient remains "locked up" after Opti-Adrenal, Multi Polar Magnet & water, use Opti-Enviro Detox™, Opti-Metals Detox™.

ENDOCRINE CHECK

Check the reflexes individually and then the pituitary to each one.

Nutrition:

Opti-Adrenal™ (16-17)

Opti-Brain™ (15-19)

Opti-Thyroid™ (17,18,16,15)

Opti-Iodine™ (17)

Opti-MitoForce™ (15-19)

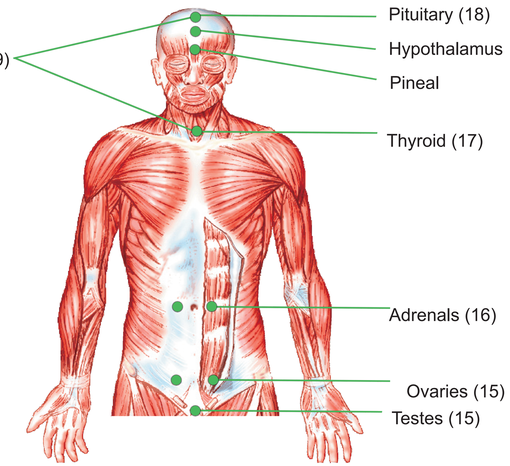
Opti-MagnaSTEM™ (15-19)

Optimal Opti-T™ (15)

Opti-Female™ (15)

Opti-Glandular™ (19)

Pituitary to Endocrine glands: (19)
(such as: Pituitary to Thyroid)



I. CHECK FOR TESTABILITY AND SWITCHING

1. Master Point – Opti-Adrenal™, Multi Polar Magnet, Water, Opti-Enviro/Metals Detox™, Essential Glutathione™

II. REBALANCE ELECTROMAGNETICS - Multi Polar Magnet

Mini Harmonizer, Total Shield, Cell Phone Chip, Multipurpose-Chips, Essential Glutathione™, Essential Protect™

III. RESET ADRENALS (G.A.S.)***Adrenal Stretch –

(Opti-Adrenal™, Opti-MagnaSTEM™, Opti-MitoForce™)

IV. REPAIR NUTRITION

2. Liver (Optimal Liver Kidney™, Opti-MagnaSTEM™)
3. Gall Bladder (Optimal Liver Kidney™, Opti-MagnaSTEM™)
4. Cystic Duct (Optimal Liver Kidney™, Opti-MagnaSTEM™)
5. Heart (Opti-Heart™, Opti-MagnaSTEM™, Opti-MitoForce™)
6. Homocysteine (Opti-Methyl-B™)
7. Lung (Opti-Lung™, Oxy-Pure™, Opti-MagnaSTEM™)
8. Spleen (Opti-Adrenal™, Opti-MagnaSTEM™, Opti-MitoForce™)
9. Pancreas (Essential Control™, Opti-MitoForce™, Optimal Digestion™)
10. Stomach (Opti-GI™, Optimal Digestion™, Opti-MagnaSTEM™)
11. Small Intestine (Opti-GI™, LipoLean CLA™, Opti-MagnaSTEM™)
12. Large Intestine (Opti-GI™, Flora Plus™, LipoLean CLA™)
13. Bladder, Opti-Methyl B™, (Opti-Immune VRL™, Fruit & Veggie+™)
14. Prostate/Uterus (Opti-Female™, Optimal Opti-T™, Opti-MagnaSTEM™)

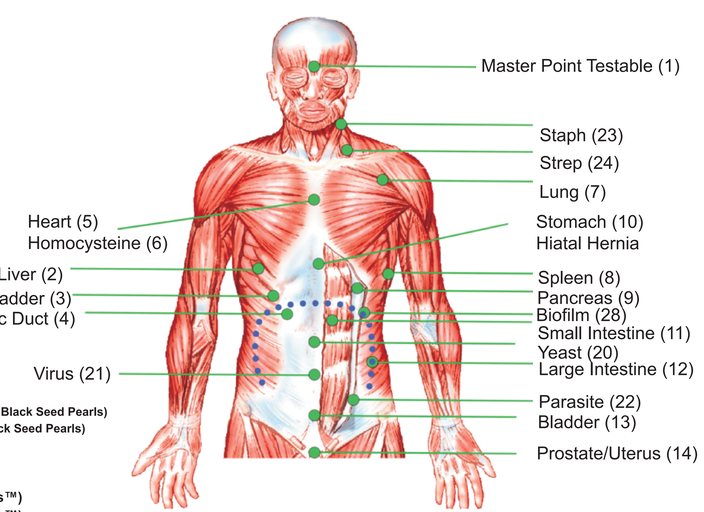
ENDOCRINE SCAN

15. Testes/Ovaries (Opti-Female™, Optimal Opti-T™, Opti-MagnaSTEM™)
16. Adrenals (Opti-Adrenal™, Opti-MagnaSTEM™, Opti-MitoForce™)
17. Thyroid (Opti-Thyroid™, Opti-Iodine™, Opti-MagnaSTEM™, Protect)
18. Pituitary (Opti-Brain™, Opti-MagnaSTEM™, Opti-Adrenal™, Opti-BFF™,E. Protect™)
19. Pituitary to Thyroid (Opti-Brain™, Opti-Thyroid™, Opti-MagnaSTEM™, E. Protect™)
20. Pituitary to Adrenal (Opti-Brain™, Opti-Adrenal™, Opti-MagnaSTEM™, E. Protect™, Opti Black Seed Pearls)
21. Pituitary to Gonads (Opti-Brain™,Opti-Female™, Optimal Opti-T™, E. Protect™, Opti Black Seed Pearls)
22. Pituitary to Pineal (Opti-Brain™, Opti-MitoForce™, Opti-MagnaSTEM™, E. Protect™)

V. REMOVE INFECTIVE ORGANISMS

23. Yeast (Opti-Immune VRL™, Opti-GI™, Optimal Defense™, Essential Shrooms™)
24. Virus (Opti-Immune VRL™, Opti-GI™, Optimal Defense ™, Essential Shrooms™)
25. Parasite (Opti-Para™, Opti-Immune VRL™, Opti-GI™, Oxy-Pure™, Essential Shrooms™)
26. Staph (Opti-Immune VRL™, Opti-GI™, Essential Shrooms™)
27. Strep (Opti-Immune VRL™, Opti-GI™, Essential Shrooms™)
28. Optimal Acute™

PRIMARY REFLEXES



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Bladder: (Opti-Immune VRL™, Fruit & Veggie+™,Opti-MagnaSTEM™)

Blood Pressure: (DAK1K2™, Opti-Heart™, Opti-BFF™, Magnesium)

Blood Vitality: (Opti-Methyl B™, Opti-Heart™, Optimal-Iron™, Opti-Female™)

Brain: (Opti-Brain™)

Colon: (Opti-GI™, Optimal Flora Plus™)

Fluid Retention: (DAK1K2™, Opti-Heart™, Optimal Liver Kidney™, Opti-GI™)

Ileocecal Valve: (Optimal Flora Plus™, Opti-GI™)

Kidney: (Optimal Liver Kidney™)

Lung: (Opti-Lung™, Oxy-Pure™, Opti-MagnaSTEM™)

Master Point: (Opti-Adrenal™, Multi Polar Magnet, Water, Opti-Enviro/Metals Detox™, Essential Glutathione™)

Non-Infectious Allergies: (Opti-Immune VRL™, Optimal Liver Kidney™, Opti-Enviro/Metals Detox™, Opti-GI™)

Ovary: (Opti-Female™, Opti-Thyroid™, Opti-MagnaSTEM™)

Parathyroid: (Opti-Thyroid™, DAK1K2™, Opti-MagnaSTEM™)

Primary Hormone: (Opti-Brain™, Optimal Opti-T™, Opti-Female™)

Prostate: (Optimal Opti-T™, Opti-MagnaSTEM™)

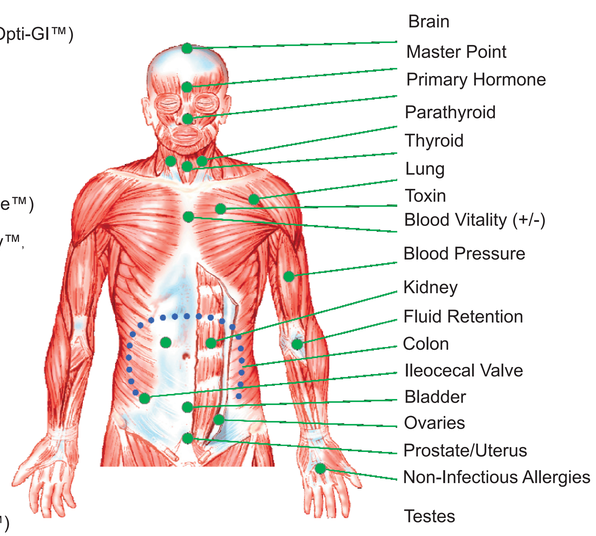
Testicle: (Optimal Opti-T™, Opti-MagnaSTEM™)

Thyroid: (Opti-Thyroid™, Opti-Iodine™, Opti-MagnaSTEM™)

Toxin: (Opti-Enviro/Metals Detox™, Optimal Liver Kidney™, Opti-GI™)

Uterus: (Opti-Female™, Opti-MagnaSTEM™)

SECONDARY REFLEX POINTS



OHS OPTIMAL HEALTH SYSTEMS