

Optimal Health Scan Chart



Methylation Specialty Products by Marc Harris, MD, ND, PHD3

1. DAK1K2

Takes calcium out of arteries/soft tissue and puts it in the bones, assists clotting & improves vision...

2. Essential NADH

Derived from B3 (Niacin), Coenzyme found in all living cells, improves neurotransmitters...

3. Essential P-5-P

Biologically active B6, helps metabolism of fats, carbs and proteins into energy, increases RBC(Red Blood Cells)...

4. Essential Ubiquinol

Highly bioavailable form of CoQ10, Cardiovascular health, free radical quencher, energy production...

5. OPTI-B.F.F.

Huge boost of Nitric Oxide, methylation and anabolism (stops muscle loss)...

6. Organic Chelated Magnesium

Mg necessary in over 3,000 enzyme systems, supports nerve/muscle/bone/heart health, tingling or numbness, calcium and bone support...

7. Organic Chelated Zinc

Necessary for immune, wound healing, growth, repair, blood clotting, thyroid function...

8. Pure D-Ribose Powder

Energy of heart/muscle/mitochondria, recovery after exercise while decreasing free radical damage...

9. Sublingual Liquid B-12

Essential for healthy nerves, energy metabolism, blood formation...

10. Sublingual Liquid Melatonin

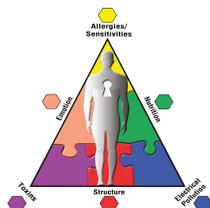
Healthy sleep, methylation support, anti-aging...

11. Whole Food Resveratrol

Cardiovascular Support, free radical scavenger & cellular anti-aging...

12. Essential Control

Reduces nagalase in the body. Strengthens and supports the immune system



Organ Scan:

1. Master Point – Opti-Adrenal™, Multi Polar Magnet, Water, Opti-Enviro/Metals Detox™, Glutathione
2. Liver (Optimal Liver Kidney™, Opti-MagnaSTEM™)
3. Gall Bladder (Optimal Liver Kidney™, Opti-MagnaSTEM™)
4. Cystic Duct (Optimal Liver Kidney™, Opti-MagnaSTEM™)
5. Heart (Opti-Heart™, Opti-MagnaSTEM™, Opti-MitoForce™)
6. Homocysteine (Opti-Methyl-B™)
7. Lung (Opti-Lung™, Oxy-Pure™, Opti-MagnaSTEM™)
8. Spleen (Opti-Adrenal™, Opti-MagnaSTEM™, Opti-MitoForce™)
9. Pancreas (Optimal-Fat/Sugar/Trim™, Opti-MitoForce™, Optimal Digestion™)
10. Stomach (Opti-GI™, Optimal Digestion™, Opti-MagnaSTEM™)
11. Small Intestine (Opti-GI™, LipoLean CLA™, Opti-MagnaSTEM™)
12. Large Intestine (Opti-GI™, Flora Plus™, LipoLean CLA™)
13. Bladder (Opti-Immune VRL™, Fruit & Veggie+™, Opti-MagnaSTEM™)
14. Prostate/Uterus (Opti-Female™, Optimal Opti-T™, Opti-MagnaSTEM™)

Endocrine Scan:

15. Testes/Ovaries (Opti-Female™, Optimal Opti-T™, Opti-MagnaSTEM™)
16. Adrenals (Opti-Adrenal™, Opti-MagnaSTEM™, Opti-MitoForce™)
17. Thyroid (Opti-Thyroid™, Opti-Iodine™, Opti-MagnaSTEM™, Protect)
18. Pituitary (Opti-Brain™, Opti-MagnaSTEM™, Opti-Adrenal™, Opti-BFF™, Protect)
19. Pituitary to Thyroid (Opti-Brain™, Opti-Thyroid™, Opti-MagnaSTEM™, Protect)
20. Pituitary to Adrenal (Opti-Brain™, Opti-Adrenal™, Opti-MagnaSTEM™, Protect)
21. Pituitary to Gonads (Opti-Brain™, Opti-Female™, Optimal Opti-T™, Protect)
22. Pituitary to Pineal (Opti-Brain™, Opti-MitoForce™, Opti-MagnaSTEM™, Protect)

Immune Support:

23. Yeast (Opti-Immune VRL™, Opti-GI™, Optimal Defense™, Schrooms)
24. Virus (Opti-Immune VRL™, Opti-GI™, Optimal Defense™, Schrooms)
25. Parasite (Opti-Para™, Opti-Immune VRL™, Opti-GI™, Schrooms)
26. Staph (Opti-Immune VRL™, Opti-GI™, Schrooms)
27. Strep (Opti-Immune VRL™, Opti-GI™, Schrooms)
28. Optimal Acute™

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