Strong Muscle → Testable → Switched → GAS - Adrenal Stretch Test
• Opti-Adrenal™ → EMF - Electrical Test
• Magnet →

Heavy Metals:
• Metals
•Opti-Metal Detox™
(Opti-Enviro Detox)
• Opti- Cleanse & Repair™
• Optimal EFA™

→ Brain - Optimal Natural Vitality, EFA

Organ Scan:
1. Liver (Optimal Liv/Kidney™, Soft Cleanse Custom Pak)
2. Gall Bladder (Optimal Liv/Kidney™, Fat•Sugar•Trim™, Soft Cleanse Custom Pak)
3. Cystic Duct (Optimal Liv/Kidney™, Fat Sugar Trim™)
4. Heart (Longevi-D +K2™, Opti-Cleanse & Repair™)
5. Homocysteine (Opti-Methyl B, Male+T Female+B™)
6. Lung (Oxi Pure)
7. Spleen (Opti-Adrenal™, Male+T Female+B™)
8. Pancreas (Opti-MitoForce™, Fat Sugar Trim™)
9. Stomach (Opti-Cleanse & Repair™, Optimal Digestion™)
10. Small Intestine (Opti-Cleanse & Repair™)
11. Large Intestine (Flora Plus™, Opti-Cleanse & Repair™)
12. Bladder (Fruit & Veggie+™, Opti-Immune ™)
13. Prostate/Uterus (Male+T Female+B™)

2nd Heavy Metals
• Metals
•Opti-Metal Detox™
• Opti- Cleanse & Repair™
• Optimal EFA™

→ Brain - Optimal Natural Vitality, EFA

Endocrine Scan:
14. Testes/Ovaries (Female+B, Male+T™)
15. Adrenals (Opti-Adrenal™)
16. Thyroid (Opti-Thyroid™)
17. Pituitary (REM Sleep™, Opti-Nitric ™, Nitric Oxide Package)
18. Pituitary to Thyroid (Opti-Thyroid™, Optimal REM Sleep™)
19. Pituitary to Adrenal (Opti-Adrenal™, Optimal REM Sleep™)
20. Pituitary to Gonads (Female+B, Male+T™, Optimal REM Sleep™)
21. Pituitary to Pineal (Opti-Mito-Force™ Female+B, Male+T™, REM Sleep™)

Brain - Optimal Natural Vitality, EFA → Opti-Iodine → • Halogens
• Opti-Enviro Detox™ → Opti-Iodine

Immune Support:
22. Yeast (Optimal Defense™, Optimal OxyPure)
23. Virus (Opti-Immune, Optimal Defense ™)
24. Parasite (Optimal Liv/Kidney, Opti-Cleanse™)
25. Staph (Opti-Immune ™, Fruit and Veggie+™)
26. Strep (Opti-Immune ™)

Optimal Health Scan Chart

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