

# Opti-Nutrient Formulas Opti-Methyl-B™

Whole Food ~ Pre-digested

GMO Free ~ Soy Free ~ Gluten Free Formula ~ Vegetarian Friendly

## Opti-Methyl-B™

is a high potency whole food complex B-Vitamin formula. Methyl-B contains the active organic forms of the B-Vitamin spectrum. The Opti-Blend™ mixture of plant enzymes and probiotics pre-digests the whole foods while the cultured media creates the methylated high potency B-vitamins found in this formula! Methylation of B Vitamins is a process in which certain molecules called 'methyl groups' are added to various constituents of proteins, DNA and other molecular structures. These are needed to keep them in good 'working' condition.

A great example is serotonin which is the feel good brain chemical. If not methylated it becomes dormant and leads to depression and anxiety. This is just one of the many 'chemicals' in the body that need to be methylated and if they are not can lead to serious health consequences.

Methyl groups can be delivered easily throughout the entire body with Opti-Methyl B. This therapeutic dosage of B vitamin complex formula provide high percentages of the B Vitamins in an organic methylated form.




\*\*Amino acid chelates supplied by Albion Advanced Nutrition. Chelates covered by Albion International, Inc., U.S. Patents: 4,599,152 and 4,830,716. \*\*\*\*DDS-1™ Patent 3,689,640.

\*\*\*\*\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**DIRECTIONS:** Take one capsule 1-3 times a day as directed by a health care professional. Children and pregnant or lactating women should consult their health care practitioner prior to use.

**“I love this formula. It is organically methylated and is a high potency B, all at the same time... This is a first in the industry and we formulated it to replace a minimum of 3 products on the shelf. We used to use synthetically methylated B complexes, 5-MTHF and SAME products. Our preliminary testing demonstrates that the Opti-Methyl-B formula meets almost everyone's needs for all three... Natural fermentation creates the glycine binders so you don't need other methylators. Opti-Methyl-B tests strong with kinesiology, muscle response and other testing. I predict this organic, pre-digested and synergistic nutraceutical will become a top formula used in clinics very quickly”.**



**John W. Brimhall, DC**

Manufactured  
**GMP**  
Facility

DIETARY SUPPLEMENT  
90 VEGETABLE CAPSULES



**FOR PROFESSIONAL USE ONLY**

### Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 45

| Amount Per Serving  | % Daily Value |
|---|---------------|
| <b>Vitamin B1 - Thiamine</b> (whole food cultured media)†             | 24 mg 1600%   |
| <b>Vitamin B2 - Riboflavin</b> (whole food cultured media)†           | 22 mg 1294%   |
| <b>Vitamin B3 - Niacin</b> (whole food cultured media)†               | 125 mg 625%   |
| <b>Vitamin B6 - Pyridoxine</b> (whole food cultured media)†           | 20 mg 1000%   |
| <b>Vitamin B9 - Folic Acid as Folate</b> (whole food cultured media)† | 1200 mcg 300% |
| <b>Vitamin B12 - Methylcobalamin</b> (whole food cultured media)†     | 420 mcg 7000% |
| <b>Vitamin B7 - Biotin</b> (whole food cultured media)†               | 410 mcg 136%  |
| <b>Vitamin B5 - Pantothenic Acid</b> (whole food cultured media)†     | 150 mg 1500%  |
| <b>Choline Bitartrate</b> (whole food cultured media)†                | 30 mg ***     |

†**Whole Food Cultured Media Blend:** 10 mg \*\*\*  
(Green Tea Extract, B Vitamins, Yerba Mate Leaf). **Organic Vegetable Blend:** Yeast, Pea, Alfalfa Leaf, Wheat Grass, Barley Grass, Oat Grass, Spirulina, Chlorella, Broccoli, Kelp, Cabbage, Parsley, Kale, Dandelion Leaf, Dulse. **Organic Fruit Blend:** Apple, Prune, Black Currant, Pomegranate, Mango, Blueberry, Strawberry, Acai, Raspberry, Cranberry. **Probiotics:** Lactobacillus Plantarum, DDS-1™ L. Acidophilus\*\*\*\*, Bacillus Coagulans, Bifidobacterium Bifidus, B. Lactis, L. Bulgaricus, L. Salivarius, Enterococcus Faecium, Streptococcus Thermophilus.

\*\***Opti Blend™ Delivery System:** 10 mg \*\*\*  
(Amylase, Protease I, Protease II, Peptizyme SP-Serrapeptase, Lipase, Invertase, Cellulase, Lactase, Maltase, HemiSEB™, Zinc as AAC\*\*, Copper as AAC\*\*, Manganese as AAC\*\* and molasses).

\*\*\*Daily Value not established.

Other ingredients: Vegetarian capsule, plant based magnesium stearate.

†**Whole Food Cultured Media Blend**

\*\***Opti-Blend™ Pre-digestion System**

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