



2024 Brimhall Homecoming | Seminar Itinerary

January 19th-21st, 2024

DoubleTree by Hilton TEMPE
2100 S. Priest Dr, TEMPE, AZ 85282
Phone: [\(480\) 967-1441](tel:4809671441)

Friday, Jan 20thth

8:00 - 9:00am	Doug Grant, BS	Opening
9:00 - 10:15am	John Brimhall, DC, BA, BS, FIAMA, DIBAK	Diabetes, Obesity and High Insulin. The Physiology between Weight Gain and Weight Loss

10:15-10:30am	Break	
10:30 - 12:00pm	Marc Harris, MD, ND, PhD	The 4 great nucleotides The coenzymes that regulate and control metabolism. Determining long term health, mitochondrial oxidative stress, and the treatment of brain pathology.
12:00 – 1:00pm	Brett Brimhall, DC	Implementing a Wellness Practice, speaking from success and experience.
1:00-2:00 pm	Lunch	Provided By OHS
2:00-3pm	Larry Conner, MBA	Financial & Trust Foundations Using TRUSTS and Private Family Foundation – for asset allocation and wealth protection & Individual evaluation and recommendations for increasing PERSONAL WEALTH.
3:00 – 3:45 pm	Bill Akpinar, MD	
3:45-4pm	Break	
4-5:00pm	John Brimhall, DC, BA, BS, FIAMA, DIBAK	Evaluation and Treatment of Complicated Patients with the Six Steps to Wellness: Structure, Nutrition, Toxins, Electromagnetic Interference, Emotional Stress & Allergies/Sensitivities
5:00-6pm	Doug Grant, BS	

Saturday, Jan 21st

8:00 - 9:00am	Vaughn Cook, OMD	<p>Are You a Victim of Love?</p> <p>Love, as well as other emotions, is reflective of health generally, and the flow of energy in particular. This is significant because energy precedes all bodily functions, meaning the emotions you feel are in fact diagnostic.</p> <p>The challenge with emotion is we often attribute it incorrectly, resulting in a misdiagnosis. For example, we think we're acting out of love, when in fact we're using love as a rationalization for dysfunction, we are victims of love.</p> <p>Learn to recognize and overcome 'victim' behavior in ourselves and our patients and to use emotions as a reliable diagnostic and a rapid and painless therapeutic tool</p>
9:00-10:00 am	Patrick Porter, PHD	<p>"Brain Reboot: TB12/BrainTap's Blueprint for Neurological Renewal" synergizes the holistic health and fitness approach from Tom Brady's TB12 methodology with Patrick Porter's pioneering work on brainwave entrainment and neuroplasticity through BrainTap.</p>
10:00 - 11:00 am	Marc Harris, MD, ND, PhD	<p>Heat Shock Proteins</p> <p>Thought to be a primitive response to thermal stress. Now we know there is so much more! Too much or too little... We will explore heat shock proteins and learn how to regulate them naturally.</p>
11:00-11:20 am	BREAK	
11:20 – 1pm	Dr. John Brimhall DC, BA, BS, FIAMA, DIBAK	<p>The Basic Causes of Physiological Dysfunction with evaluation and treatment, including nutrition protocols.</p>

1:00 - 2:00pm	LUNCH	Provided By OHS
2:00 – 2:50pm	Dr. Brett Brimhall	Specific Protocols for difficult patients with a whole person approach
3:00 – 4:40	Marc Harris, MD, ND	Essentials Formulas - Specific treatment for specific conditions.
4:40-4:55	Break	
4:55-6:20pm	Doug Grant, BD	Specific treatment for specific health concerns, including nutritional and exercise protocols.

Sunday, Jan 22nd

8:00 - 9:30am	Dr. Marc Harris, Dr John Brimhall, Dr. Brett Brimhall, Doug Grant, Dr., Dr. Patrick Porter, & Dr. Vaughn Cook	PANEL DISCUSSION
9:30 - 11:30pm	Dr. Marc Harris	Kreb Cycle SNP's
11:30 - 12:15pm	Doug Grant, BS	